



## Mixed Up Books Released First Book

Jason and Ann are so excited to announce that **“The Chore Solution: Making Families Better by Working Together.”** has been released!

The first book of many to come focuses on the 7 challenges that the Cowan family faced in their own home.

With four boys there seemed to be too much to do and not enough time to work around the house. Bryan is 15, Andrew is 10, The Gav is 6 and Ares is only 7 months

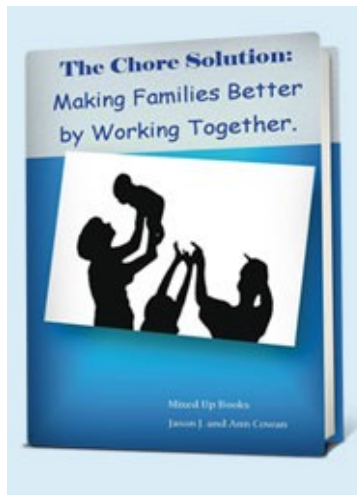
old. If you couldn’t guess all the boys are interested in different activities. All are time consuming and seem to get more expensive daily.

The Cowan’s need to find a balance between sanity and making the family happy.

“**The Chore Solution: Making Families Better by Working together.**” describes the solution that they came up with. Also

the surprising results.

The Family has more respect for each other. The house work is being done with out nagging. The children



Illustrated by Bryan Jones  
Cover Photos by Jenna Bertapelle

### Calendar of Events

- December 11, 2010  
Oxford Public Library Author Open House

### Family Programs

- February 7, 2011

Marguerite de Angeli Library

6:30-8:00

- February 28, 2011

Brandon Township

## What’s Up With The Name, “Mixed Up Books?”

You may be wondering why this company is called Mixed Up Books. The answer is that the Cowan’s are what is traditionally called a “blended” family.

Blended didn’t sound right. The Cowan’s are *mixed up*, in the good way of course.

Their books focus on families, written by families.

They are currently looking into two more subjects. The first will be money management for children and families. The second will look at the trials and being a “mixed up” family.





## About Mixed Up Books

Mixed Up Books are excited about all the family programs and writing more books. Ann is also writing blogs at DivaToolbox.com.

The blogs follow the Mixed Up perspective of writing for

“Ann and Jason are self proclaimed **non**-experts. They are just parents.”

families by a family.

Ann and Jason are self proclaimed non-experts. They are just parents.

Jason and Ann were both divorced with kids of their own, and then they added one more to their family. "Blended

family" just didn't sound right for them. They are Mixed Up.

All of their books and writings will be based on personal experience:

Books By a Family, for Families.

## Free Family Programs

Mixed Up Books is thrilled to offer free family programs. All family programs focus on families creating a balance between chores and sanity.

The Cowan's will look at the 7 challenges that they faced.

- How can we afford this
- How do we reduce stress

- What chores should we let the children do
- But the "experts" say...
- When is the right age to start chores



All programs are **free!**

- Goal Setting
- The **NO** Challenge

Then focus and show examples of the solution that Jason and Ann came up with.

There will be an open forum for any new and interesting challenges that

## In the News

Jason and Ann Cowan are impacting the Midwest! They are featured in The Milwaukee Journal Sentinel and The Decatur Herald and Review among others.

The article in the August/September *Wildcat Review* featured how the kids were important to

Did you know? The children on the cover of *The Chore Solution* are Jason and Ann's sons!

writing the first book. All the illustrations in the book were done by our 15-year-old, Bryan Jones. The Cover photos were taken by his girlfriend Jenna Bertapelle.

The article in *The County Press* went into more detail of the book, **“The Chore Solution:**

**Making Families Better by Working Together.”** It also explains how the children are doing more and more to help around the house. The article also has great pictures of Andrew Jones and Gavin Cowan.

All articles and radio interviews are available at the website, [MixedUpBooks.Webs.com](http://MixedUpBooks.Webs.com).

Mixed Up Books

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Books by a Family for Families



Jason and Ann Cowan write books from their personal experiences about

families for families. Jason has a Master's Degree in Business and Ann has an education/business background.

Jason and Ann are both from the Midwest. Jason is from West Bend, Wisconsin. Ann is from Tuscola, Illinois. They now live in Metamora, Michigan with their four boys - Bryan Jones, Andrew Jones, Gavin Cowan, and Ares Cowan.

## The Chore Solution: Making Families Better By Working Together.

"As a second grade teacher many parents have asked, how they can get their children to be more responsible and to do their chores?"

I recommend this book to all parents wanting to teach their children good work habits and enhance their self-confidence.

By following the plan in this book parents can put an end to the constant battle they have trying to get their children to help around the house. This is the answer to a dilemma many parents experience."

Rosanne C.

"I am really like this book! I am impressed by the amount of thought you've given this, and

even more so with the fact that your kids have responded so positively to it. Talk about building a strong work ethic and responsibility! This book has legs and will make an impact."

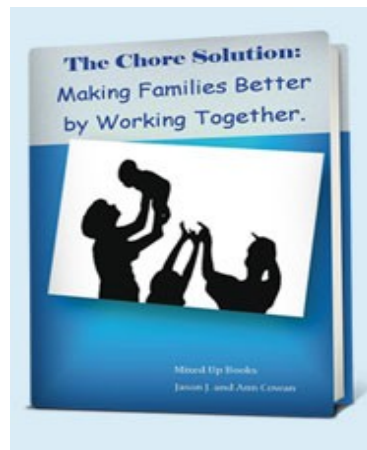
Jamie L.

Please visit one of our events to meet the authors of "**The Chore Solution: Making Families Better by Working Together.**"

Signed copies are available at all events for \$15.99 and [MixedUpBooks.webs.com](http://MixedUpBooks.webs.com) for \$15.99 + shipping.

"**The Chore Solution**" is also available at:

The Book Shelf Bookstore  
Funky Monkey Toys  
[Amazon.com](http://Amazon.com)  
Barnes and Noble  
Borders  
[Xlibris.com](http://Xlibris.com)



The first book by Jason and Ann Cowan